



# DEPARTMENT OF PSYCHIATRY SEPTEMBER NEWSLETTER

## DEPARTMENT REMINDERS

- ✚ Grand Rounds begin  
Friday 9/13
- ✚ All Department Meeting  
9/20 11am
- ✚ Division Chief Meeting  
10/22 8am

## SOCIAL MEDIA POLICY UPDATE

Please share with your teams.

[https://vcuhealth.servicenow.com/hrsp?id=kb\\_article&sysparm\\_article=KB0014152](https://vcuhealth.servicenow.com/hrsp?id=kb_article&sysparm_article=KB0014152)

## CONGRATULATIONS!

Dr. Leila Islam has been elected to be on the Council of Faculty and Academic Societies (CFAS)!

## K08 UPDATE

“Youth in foster care have unique experiences and significantly higher rates of trauma. This greatly increases their risk for a range of negative social, behavioral, academic, physical and mental health outcomes. Dr. Wright has been awarded a 5-year K08 research project funded by NICHD which aims to identify modifiable risk and protective factors that can be targeted through the caregiving context, elucidate areas in which foster parents desire additional parent training to support the kids in their care, and evaluate the barriers and facilitators to current parent trainings, to inform future intervention development. The research team includes faculty across VCU psychiatry, psychology, social work and nursing, as well as consultants from the University of Minnesota and Penn State. This award will include cutting-edge training in quantitative, qualitative, and intervention development methods and will position Dr. Wright to lead ongoing federally funded multidisciplinary studies with translational implications for populations of youth who experience trauma and/or parental separation.” **Annie Wright, PhD**

## WAY TO GO!

**Kelsey Hagan** had a story written about her work in **Eating Disorders!**

“Eating disorders (EDs) kill someone [every 52 minutes](#) in the US. Among mental illnesses, only opioid use disorder is deadlier. Yet, it is estimated that [only 10%](#) of people with eating disorders get treatment. Through a new collaborative cross-departmental program, [Dr. Kelsey Hagan](#) in VCU School of Medicine’s Psychiatry Department and [Dr. Ann Haynos](#) from the university’s Psychology Department, aim to provide lifesaving research, training, and evidence-based treatment to this underserved population.”

**See the full story attached to the Newsletter email.**

**STAFF APPRECIATION  
FALL FESTIVAL**

**November 1, 2024 1:00 PM - 3:00PM**

VCU Staff Senate invites all VCU  
Health and VCU staff for an afternoon  
of food, fun and prizes

Costume contest, chair massages, treats,  
games, free swag and so much more!

 Larrick Student Center  
MCV Campus  
900 Turpin Street

## Wonderful News!

Paige Cervantes Ph.D., Assistant Professor, Clinical Psychologist, will be getting started on our R44 titled "Modifying and validating the K-CAT mental health scales for children and adolescents on the autism spectrum."






## WELCOME TO PSYCHIATRY!

PLEASE HELP ME WELCOME NEW MEMBERS OUR OF PSYCHIATRY FAMILY!

Severine Lannoy Ph.D. | SEPTEMBER 1

## MENTAL HEALTH AWARENESS OCTOBER

-  October 1<sup>st</sup>-4<sup>th</sup> Mental Illness Awareness Week
-  October 10<sup>th</sup> World Mental Health Day
-  Depression Awareness Month

THE PURPOSE OF THIS AWARENESS MONTH IS TO INCREASE UNDERSTANDING,  
DECREASE STEREOTYPES, AND EDUCATE ON HOW MENTAL HEALTH ISSUES  
IMPACT PEOPLE.