



## DEPARTMENT OF PSYCHIATRY NOVEMBER NEWSLETTER

### NOVEMBER AWARENESS DAYS

- National Diabetes Month
- Native American Heritage Month
- Transgender Awareness Week (Nov. 13-19)
- Transgender Day of Remembrance (Nov. 20)
- International Survivors of Suicide Loss Day (Nov. 23)

### WAY TO GO!

**Nancy Gee, PhD, C-AAIS**, was recently interviewed by *The Thinking Mind Podcast* which is a UK-based podcast for Psychiatry and Psychotherapy. This podcast is in the upper 2.5% of all 3,431,979 podcasts currently!

**Check out the Podcast in the link below!**

<https://podcasts.apple.com/gb/podcast/e99-should-we-prescribe-pets-for-mental-health-problems/id1466932169?i=10006735045>  
[50](#)

### *congrats on a new grant award!*

*The Department of Behavioral Health and Developmental Services State Opioid Response (SOR) team has awarded the Addictions Division a recovery grant to hire two new Peer Recovery Specialists. The Peer Recover Specialist's role is to support others in recovery from a substance use disorder. They will serve as a role model, mentor, advocate, and motivator to recovering individuals in order to help prevent relapse and promote long-term recovery. The addictions team is very excited about this opportunity to add these much-needed positions to complement our current services.*

### CHECK THIS OUT!

**Warner & Kaine Announce More Than \$2.2 Million in Federal Funding for Behavioral Health Education Programs Based in Alexandria, Richmond, and Harrisonburg**

<https://www.kaine.senate.gov/press-releases/warner-and-kaine-announce-more-than-22-million-in-federal-funding-for-behavioral-health-education-programs-based-in-alexandria-richmond-and-harrisonburg>