

# LGBTQIA+ therapeutic peer support group



# Support, belonging and thriving

Every child and family who comes through our doors should feel a sense of support and belonging. We acknowledge many of our LGBTQIA+ patients face unique health care needs – and the Cameron K. Gallagher Mental Health Resource Center is here to help.

# LGBTQIA+ support group: ages 13-17

Our therapeutic LGBTQIA+ peer support group is designed for adolescents ages 13 to 17. The group is facilitated by a licensed clinical social worker who has experience providing LGBTQIA+ mental health services. There are many benefits to peer support groups, including providing a safe space for social support, discussing struggles, building positive coping strategies and more.

# Insurance and billing

Therapeutic support groups are similar in style to one-onone therapy – but with a group of peers. We will bill your insurance company or work with you on self-payment for group therapy. We provide care regardless of a family's ability to pay.

# Support group schedule and registration

Groups are held every 1st and 3rd Tuesday at 4 p.m.

#### Registration is required

Call 804-828-3137 to register.