



VCU

School of Medicine

Department of Psychiatry Grand Rounds

ALL GRAND ROUNDS PRESENTATIONS BE DELIVERED VIRTUALLY VIA ZOOM
UPDATES AND INVITATION LINKS TO FOLLOW. Time: 11:45 am – 1 pm

April 2023

April 7

I saw it on TikTok...": The Pros and Cons of TikTok on Mental Health Information

Patricia Timi, MD

PGY-4 Chief Resident
Department of Psychiatry, VCU

Introducer: Dr. Sherin Moideen

Learning Objectives:

At the end of the presentation, participants will be able to:

- what is TikTok and how it is currently being used
- benefits of TikTok on mental health issues
- concerns with TikTok use on mental health information

<https://vcuhealth.zoom.us/j/96644115522?pwd=MkdqV1VudUZkQVY4emRFa1d0K3Zmdz09>

Meeting ID: 966 4411 5522

Passcode: 006065

April 14

The overdiagnosis of depression and deprescribing SSRIs

Sneh Hanspal, MD

PGY-4 Chief Resident
Department of Psychiatry, VCU

Introducer: Dr. Jonathan Anthony

- Define overdiagnosis as well as its implications in depression
- Review risks of chronic SSRI use
- Discuss the steps of deprescribing
- Review a clinical strategy for deprescribing SSRIs

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April 21

Indian Americans and Mental Health

Sumerth Pathak, DO

PGY 4

Department of Psychiatry, VCU

Introducer: Dr. Ananda Pandurangi

Learning Objectives:

At the end of the presentation, participants will be able to:

- Understand the growing Indian American population in the US
- Learn about mental health stressors and barriers unique to the Indian American population
- Learn how mental health providers can provide appropriate help to this population

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April 28

What Are You Laughing At? Humor and Its Perception in Patients with Schizophrenia

John Mason, MD

PGY4 Resident

Department of Psychiatry, VCU

Introducer: TBD

Learning Objectives:

At the end of the presentation, participants will be able to:

- To understand the pathway of humor in humans normally
- The pathophysiology of schizophrenia and how this disturbs their perception of humor
- How treatment of schizophrenia can improve humor perception and how humor can be utilized to improve outcomes for those with schizophrenia

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Please note the important updates about the Fall Semester (2022) Psychiatry Grand Rounds. The Departmental Grand Rounds Program will continue in an **online-only format**, and all presentations will take place via **Zoom web-conferencing**. Due to limits on virtual meeting capacity, each week, the faculty, staff, housestaff, trainees, and students on the Grand Rounds email list will be able to join our web conference for Grand Rounds at the following recurring Zoom link (with password embedded):

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JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health designates this live activity for a maximum of 1.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 1.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



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1.25 CE credits will be awarded for psychologists attending the entire program. Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibly for the content of the programs.



ASWB approved continuing education

As a Jointly Accredited Organization, VCU Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VCU Health maintains responsibility for this course.

Social workers completing this course receive 1.25 continuing education credits.



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 1.25 Interprofessional Continuing Education (IPCE) credit for learning and change.