



VCU

School of Medicine

Department of Psychiatry Grand Rounds

ALL GRAND ROUNDS PRESENTATIONS BE
DELIVERED VIRTUALLY VIA ZOOM UPDATES
AND INVITATION LINKS TO FOLLOW. Time:
11:45 am – 1 pm

January 2026

January 9th , 2026

Repurposing GLP-1 Receptor Agonists for Addiction

Presenter: Stephanie Wise, MD

Introducer: Brandon Wills, DO, FASAM, FAACT

Learning Objectives:

At the end of the presentation, participants will be able to:

- Explain the pharmacology of GLP-1 receptor agonists
- Evaluate the preclinical evidence in favor of repurposing GLP-1 receptor agonists as possible addiction pharmacotherapies
- Assess some of the clinical trials studying the safety and efficacy of GLP-1 receptor agonists for addiction

January 16th , 2026

Perinatal OCD and Anxiety: Intrusive Thoughts, Diagnostic Pitfalls, and Clinical Management

Presenter: Harleen Singh, DO

Introducer: Bob Falk, PhD

Learning Objectives:

At the end of the presentation, participants will be able to:

- Describe the phenomenology and prevalence of perinatal OCD and anxiety disorders, including the nature of intrusive thoughts during pregnancy and the postpartum period.
- Differentiate perinatal OCD and anxiety from postpartum psychosis, major depressive disorder with anxious distress, and normative perinatal worry, with attention to real-time clinical decision-making.
- Identify risk factors, neurobiological and psychosocial contributors, and common diagnostic pitfalls that lead to under-recognition or misdiagnosis.

No Grand Rounds 1/23 due to All Department Meeting

January 30th , 2026

Screening and Early Intervention for Psychiatric Management In Critical care (SEISMIC)

Presenter: Melissa Bui, MD

Introducer: Susan Kornstein, MD

Learning Objectives:

At the end of the presentation, participants will be able to:

- Recognize the importance of early identification and treatment of delirium among critically ill patients
- Appreciate the value of proactive psychiatric consultation as a high-yield model of care for patients, teams and health systems
- Apply the Institute for Healthcare Improvement's "Quintuple Aim" as a framework of value-based care to evaluate the efficacy of clinical models of care

Please note the important updates about the Fall Semester (2022) Psychiatry Grand Rounds. The Departmental Grand Rounds Program will continue in an **online-only format**, and all presentations will take place via **Zoom web-conferencing**. Due to limits on virtual meeting capacity, each week, the faculty, staff, housestaff, trainees, and students on the Grand Rounds email list will be able to join our web conference for Grand Rounds at the following recurring Zoom link (with password embedded):

Virginia Commonwealth University is an equal opportunity/affirmative action employer. If special accommodations are needed, please contact Brittany Silk at Brittany.Silk@vcuhealth.org

VCU Health designates this live activity for a maximum of 1.25 **AMA PRA Category 1 CreditsTM**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 1.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



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In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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1.25 CE credits will be awarded for psychologists attending the entire program. Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.



As a Jointly Accredited Organization, VCU Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VCU Health maintains responsibility for this course.



Social workers completing this course receive 1.25 continuing education credits. This activity was planned by and for the healthcare team, and learners will receive 1.25 Interprofessional Continuing Education (IPCE) credit for learning and change.