



VCU

School of Medicine

Department of Psychiatry Grand Rounds

ALL GRAND ROUNDS PRESENTATIONS BE DELIVERED VIRTUALLY VIA ZOOM
UPDATES AND INVITATION LINKS TO FOLLOW. Time: 11:45 am – 1 pm

February 2025

February 7th, 2025

Presenter: Akanksha Patel, DO

Psychiatric Profession

Learning Objectives:

At the end of the presentation, participants will be able to:

- Explain the definitions of burnout and moral injury, highlighting their distinct characteristics and how they interrelate in the context of psychiatric practice.
- Identify and evaluate the systemic and individual drivers contributing to moral injury and burnout in healthcare, particularly focusing on the psychiatric profession.
- Examine the systemic and individual consequences of moral injury, including its impact on physician well-being, empathy, and patient care outcomes.
- Discuss the role of empathy and narrative medicine as effective strategies to mitigate moral injury and promote resilience among psychiatrists.

Zoom Link

<https://vcuhealth.zoom.us/j/95386930082>

February 14th, 2025

Presenter: Gurjas Bajaj, MD

Symbolic Representations in Psychosis: Understanding the Underlying Meanings of Delusions and Hallucinations

Learning Objectives:

At the end of the presentation, participants will be able to:

- Explore the concept of symbolic language in psychosis, particularly in relation to delusions and hallucinations.
- Discuss different conceptualizations of psychosis throughout the history of psychiatry.
- Illustrate how symbolism can be relevant to understanding psychosis through a series of case examples.
- Examine current literature and data regarding the utility of insight oriented therapeutic approaches for psychosis.

Zoom Link

<https://vcuhealth.zoom.us/j/95386930082>

February 21st, 2025

Presenter: Jamesha Lewis Bryant, DO

The Brain's Betrayal: A Deep Dive into Anti-NMDA Receptor Encephalitis

Learning Objectives:

At the end of the presentation, participants will be able to:

- Define anti-NMDA receptor encephalitis, explain the pathophysiological mechanisms underlying the anti-NMDA receptor encephalitis and its clinical manifestations, and describe its epidemiology, including incidence, prevalence, and risk factors.
- Identify key diagnostic criteria and diagnostic work-up for confirming anti-NMDA receptor encephalitis and understand current and emerging treatment strategies, including first-line therapies and novel treatments.
- Review and analyze recent case studies to understand practical applications and outcomes of different treatment approaches.
- Discuss recent research findings and future directions in the study of anti-NMDA receptor encephalitis.

Zoom Link

<https://vcuhealth.zoom.us/j/95386930082>

February 28th, 2025

Presenter: Chaman Sharma, MD

Digital Addiction: A closer look into Internet Gaming Disorder

Learning Objectives:

At the end of the presentation, participants will be able to:

- Understand the neural pathophysiology of addiction related disorders
- Review the criteria for Gambling disorder and brain related changes
- Review the current DSM-5 criteria for Internet Gaming Disorder (IGD)
- Identify common co-morbid psychiatric conditions with IGD.
- Understand the current clinical treatment modalities for Internet Gaming Disorder and the supporting evidence.

Zoom Link

<https://vcuhealth.zoom.us/j/95386930082>

Please note the important updates about the Fall Semester (2022) Psychiatry Grand Rounds. The Departmental Grand Rounds Program will continue in an **online-only format**, and all presentations will take place via **Zoom web-conferencing**. Due to limits on virtual meeting capacity, each week, the faculty, staff, housestaff, trainees, and students on the Grand Rounds email list will be able to join our web conference for Grand Rounds at the following recurring Zoom link (with password embedded):

Virginia Commonwealth University is an equal opportunity/affirmative action employer. If special accommodations are needed, please contact Brittany Silk at Brittany.Silk@vcuhealth.org

VCU Health designates this live activity for a maximum of 1.25 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 1.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



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In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

1.25 CE credits will be awarded for psychologists attending the entire program. Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibly for the content of the programs.



As a Jointly Accredited Organization, VCU Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VCU Health maintains responsibility for this course.



Social workers completing this course receive 1.25 continuing education credits. This activity was planned by and for the healthcare team, and learners will receive 1.25 Interprofessional Continuing Education (IPCE) credit for learning and change.