



## Department of Psychiatry Grand Rounds

ALL GRAND ROUNDS PRESENTATIONS BE  
DELIVERED VIRTUALLY VIA ZOOM UPDATES  
AND INVITATION LINKS TO FOLLOW. Time:

11:45 am – 1 pm

### February 2026

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#### February 6<sup>th</sup>, 2026

##### ***Artificial Intelligence Chatbots and Mental Health: Clinical Risks and Practice Considerations***

Presenter: Jacqueline Guo, MD

Introducer: Matthew Way, MD

##### **Learning Objectives:**

At the end of the presentation, participants will be able to:

- Understand how AI chat bots and large language models function
  - Discuss theories behind how AI chatbots can induce psychosis and delusional thinking
  - Review treatment considerations for patients using Chat GPT
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#### February 13<sup>th</sup>, 2026

##### ***Self Assessment in Bipolar Disorder and Schizophrenia: Can Technology to Bypass Biases?***

Presenter: Philip D. Harvey, PhD

Introducer: Robert Findling, MD

##### **Learning Objectives:**

At the end of the presentation, participants will be able to:

- Describe the characteristics of inaccurate self-assessments on the part of people with serious mental illness.
- Evaluate different potential causes of inaccurate self-assessments.
- Develop strategies to bypass response biases in self-assessment

**February 20<sup>th</sup>, 2026**

***Social Media and Its Effects on Developing Brains***

Presenter: Hadley Mcpherson

**Learning Objectives:**

At the end of the presentation, participants will be able to:

- Understand more about how children and teenagers interact with social media platforms
  - Discuss the developmental considerations in introducing social media
  - Learn the impacts of social media on sleep and mental health in youth.
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**February 27<sup>th</sup>, 2026**

***The War on ADHD: Current Status***

Presenter: Mark Stein, PhD

Introducer: Ekaterina Stepanova, MD

**Learning Objectives:**

At the end of the presentation, participants will be able to:

- Will review data on combining treatments for ADHD, including psychosocial, pharmacological, and family based treatments?
- Will describe sequencing treatments, and what is known about what and when to start and when to add more or discontinue?
- Describe ADHD heterogeneity and a precision medicine approach?

Please note the important updates about the Fall Semester (2022) Psychiatry Grand Rounds. The Departmental Grand Rounds Program will continue in an **online-only format**, and all presentations will take place via **Zoom web-conferencing**. Due to limits on virtual meeting capacity, each week, the faculty, staff, housestaff, trainees, and students on the Grand Rounds email list will be able to join our web conference for Grand Rounds at the following recurring Zoom link (with password embedded):

Virginia Commonwealth University is an equal opportunity/affirmative action employer. If special accommodations are needed, please contact Brittany Silk at [Brittany.Silk@vcuhealth.org](mailto:Brittany.Silk@vcuhealth.org)

VCU Health designates this live activity for a maximum of 1.25 **AMA PRA Category 1 Credits**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 1.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



JOINTLY ACCREDITED PROVIDER<sup>™</sup>  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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1.25 CE credits will be awarded for psychologists attending the entire program. Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibly for the content of the programs.



As a Jointly Accredited Organization, VCU Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VCU Health maintains responsibility for this course.



Social workers completing this course receive 1.25 continuing education credits. This activity was planned by and for the healthcare team, and learners will receive 1.25 Interprofessional Continuing Education (IPCE) credit for learning and change.