



Department of Psychiatry Grand Rounds

ALL GRAND ROUNDS PRESENTATIONS BE
DELIVERED VIRTUALLY VIA ZOOM UPDATES
AND INVITATION LINKS TO FOLLOW. Time:

11:45 am – 1 pm

April 2026

April 3rd, 2026

Psychiatric Advance Directives: A Deep Dive

Presenter: Lydia Bedford, MD

Introducer: James Levenson, MD

Learning Objectives:

At the end of the presentation, participants will be able to:

- Know the history of psychiatric advance directives (PADs) in the United States
 - Understand what PADs are and the type of information they may hold
 - Critically examine the proposed benefits and limitations of PADs
 - Recognize the demand for PADs among people with SMI
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April 10th, 2026

Risk and resilience in adolescents at risk for mood disorders

Presenter: Manon Hillegers, MD, PhD

Introducer: Robert Findling, MD

Learning Objectives:

At the end of the presentation, participants will be able to:

- The importance and clinical impact of a family history for mood disorders
- How staging concepts support our understanding of emerging bipolar disorder
- How innovative digital tools may be used in improving resilience of at risk adolescents

April 17th, 2026

Problematic Pornography Use: An Overview

Presenter: Conrad Mascarenhas, MD

Introducer: Kathryn Jones, MD, PhD

Learning Objectives:

At the end of the presentation, participants will be able to:

- Understand DSM and ICD conceptualizations of disordered pornography use
 - Review neurobiology related to pornography consumption
 - Appreciate salient clinical features of disordered pornography use
 - Assess evidence for psychotherapy and pharmacology for treating pornography use
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April 24th, 2026

Graders in the Hands of an Angry Trainee

Presenter: Kathryn Jones, MD, PhD

Introducer: Bushra Mubashshir, MD

Learning Objectives:

At the end of the presentation, participants will be able to:

- To introduce how we evaluate third and fourth year medical students in Psychiatry and how this differs from evaluation of Psychiatry residents and fellows
- To review general principles of giving feedback regardless of stage of training
- To practice identifying effective (specific, constructive, actionable) vs. ineffective (vague, overly critical, confusing) feedback using actual comments

Please note the important updates about the Fall Semester (2022) Psychiatry Grand Rounds. The Departmental Grand Rounds Program will continue in an **online-only format**, and all presentations will take place via **Zoom web-conferencing**. Due to limits on virtual meeting capacity, each week, the faculty, staff, housestaff, trainees, and students on the Grand Rounds email list will be able to join our web conference for Grand Rounds at the following recurring Zoom link (with password embedded):

Virginia Commonwealth University is an equal opportunity/affirmative action employer. If special accommodations are needed, please contact Brittany Silk at Brittany.Silk@vcuhealth.org

VCU Health designates this live activity for a maximum of 1.25 **AMA PRA Category 1 Credits**TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 1.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



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In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

1.25 CE credits will be awarded for psychologists attending the entire program. Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.



As a Jointly Accredited Organization, VCU Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VCU Health maintains responsibility for this course.



Social workers completing this course receive 1.25 continuing education credits. This activity was planned by and for the healthcare team, and learners will receive 1.25 Interprofessional Continuing Education (IPCE) credit for learning and change.