



VCU

School of Medicine

Department of Psychiatry Grand Rounds

ALL GRAND ROUNDS PRESENTATIONS BE DELIVERED VIRTUALLY VIA ZOOM
UPDATES AND INVITATION LINKS TO FOLLOW. Time: 11:45 am – 1 pm

April 2025

April 4th, 2025

Presenter: Amy Soto, DO

Baby, Me and OCD: A Review of Perinatal OCD

Learning Objectives:

At the end of the presentation, participants will be able to:

- Understand the prevalence, etiology and symptoms of Obsessive-Compulsive Disorder
- Be able to confidently differentiate between disorders with similar characteristics
- Understand the barriers to care and screening tools available
- Be able to prescribe both non-pharmacologic and pharmacologic treatments.

Zoom Link

<https://vcuhealth.zoom.us/j/95386930082>

April 11th, 2025

Presenter: Iakovos Anastasakis, MD

Vitamins, Herbs, Supplementations: Clinical Pearls, Pitfalls, and Role They Can Play in Today's Practice

Learning Objectives:

At the end of the presentation, participants will be able to:

- Review commonly used vitamins, herbs, and supplementations seen in clinical practice
- Summarize existing research elucidating their risks and benefits
- Greater awareness of how they can influence other clinical interventions

Zoom Link

<https://vcuhealth.zoom.us/j/95386930082>

April 18th, 2025

Presenter: Hillary Gary, MD

Trauma-Informed Care in the Inpatient Psychiatric Setting

Learning Objectives:

At the end of the presentation, participants will be able to:

- Define trauma and the principles of trauma-informed care (TIC)
- Identify the importance of TIC in psychiatric settings
- Highlight how inpatient settings may improve or exacerbate trauma-related issues
- Review of literature on how to apply TIC in the inpatient setting, and how to measure outcomes of success
- Discuss the future for systems-based improvements

Zoom Link

<https://vcuhealth.zoom.us/j/95386930082>

April 25th, 2025

Presenter: Shahida Mizan, MD

Mother Knows Best? A Deeper Dive into the Motivations for Factitious Disorder Imposed on Another in Female Populations & How Our Countertransference Can Guide Diagnosis & Treatment

Learning Objectives:

At the end of the presentation, participants will be able to:

- Learn what Factitious Disorder Imposed on Another is and how to investigate/document appropriately in patient charts
- Explore why women are the most prominent patient population for Factitious Disorder Imposed on Another
- Discuss the influence countertransference can have on diagnosis and treatment
- Understand the impact a diagnosis or misdiagnosis of Factitious Disorder Imposed on Another can have on patients and their families

Zoom Link

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Please note the important updates about the Fall Semester (2022) Psychiatry Grand Rounds. The Departmental Grand Rounds Program will continue in an **online-only format**, and all presentations will take place via **Zoom web-conferencing**. Due to limits on virtual meeting capacity, each week, the faculty, staff, housestaff, trainees, and students on the Grand Rounds email list will be able to join our web conference for Grand Rounds at the following recurring Zoom link (with password embedded):

Virginia Commonwealth University is an equal opportunity/affirmative action employer. If special accommodations are needed, please contact Brittany Silk at Brittany.Silk@vcuhealth.org

VCU Health designates this live activity for a maximum of 1.25 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 1.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



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In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

1.25 CE credits will be awarded for psychologists attending the entire program. Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibly for the content of the programs.



As a Jointly Accredited Organization, VCU Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VCU Health maintains responsibility for this course.



Social workers completing this course receive 1.25 continuing education credits. This activity was planned by and for the healthcare team, and learners will receive 1.25 Interprofessional Continuing Education (IPCE) credit for learning and change.