### 2026-2027

# Fellowship in Consultation-Liaison Psychiatry



# Virginia Commonwealth University Richmond, Virginia

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### Welcome to Consultation-Liaison Psychiatry at VCU!

We believe this program reflects a compelling array of experiences, advancing our fellows' education as clinicians, educators, researchers and leaders in the field. Our faculty are committed to a broad array of patient populations and models of care, allowing our trainees to experience both general and specialized C-L training. VCU is an empowering institution that celebrates its community, and which encourages collaboration and innovation. It is a special place, nestled in a hidden gem capital city

## We're glad you're here!

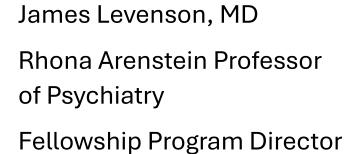






# **Staff Directory**





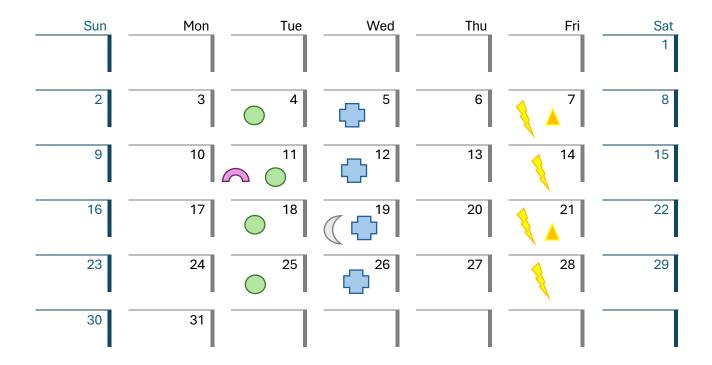


Melissa Bui, MD
Associate Professor
of Psychiatry
Fellowship Assoc PD

C-L Psychiatrist[Liaison]
Alex Ambrose, DO [Women's Mental Health, Clozapine Clinic]
Daniel Higgins, MD [Infectious Disease]
Lauren Mahoney, MD [Neuropsychiatry]
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Health, Cystic Fibrosis]
Morgan Thomas, Brittany Silk &
Brianna Porch Administrative Team

## Sample Monthly Didactic Schedule

# August 2026



# Key

- Weekly supervision and review of the literature with Dr. Levenson
- Biweekly didactics with Dr. Bui (30 minutes every other Friday) including
   QI/Research supervision and career planning
- Consultation-Liaison Literature Seminar (weekly)
- Grand Rounds (September May)
- PGY-4/5 Case Based Didactics
- Monthly Case Conference

#### Other potential sources of teaching

- -Didactics from other training programs (Addiction Medicine, C&A Psychiatry, Health Psychology, Psych Residency, non-Psych specialties)
- -Monthly ACLP Webinar (Case Conference or Journal Club)

# **Expectations for Scholarship**

(Must complete Clinical, Teaching and Career, and either Research or QI)

Domain	Q1	Q2	Q3	Q4	Final
Clinical	Lead the C-L team's clinical work, delegate tasks and keep the team on track	Lead the C-L team and begin to lead table rounds	Lead table rounds each day  Perform a safety analysis as part of a monthly  Case  Conference	Jr. Attending in increasing intervals	Comfort at all levels of patient care, including leading an interdisciplinary team
Research	Identify a research question, make necessary contacts, apply for any necessary permission	Create a Statistical Analysis Plan. Begin to mock up tables of possible results. Consider journals for publication	Contact journals with sample abstract to evaluate interest. Submit publication	Complete the peer review process and consider expanding publication into additional pieces	Published manuscript, possibly other deliverables (e.g. poster, book chapter)
Teaching	Informal student teaching each day	Develop a list of C-L focused subjects you can teach about (with supporting evidence), and deliver to each Clerkship group	Seek out additional teaching opportunities within the residency program, psychiatry clerkship or other groups	Complete a finished product such as a Grand Rounds presentation or a curriculum that can be used for future groups of trainees.	Grand Rounds presentation or evidence-based curriculum, or other educational tool
QI	If not completing a full research project above, identify a QI question, make any necessary contacts and apply for any necessary permission	Create a PDSA plan and timeline to fit within the fellowship year. Consider conferences where the work might be presented	Submit results for consideration as a poster or conference presentation	Present!	Poster vs conference presentation vs other
Career	Begin to craft components of a future position, including geography, patient population, clinical environment, etc.	Update CV and compose a cover letter. Begin to make connections with potential future employers	Secure and complete interviews. Identify areas for negotiation	Secure a contract	Employment 😊

# Sample Block Schedules

### 1. General C-L with Specialty Liaison

- 2. Critical Care Psychiatry track
- 3. Outpatient/Collaborative Care

Sample 1 – General C-L Fellow	
Site	West 11 – General C-L
Outpatient Liaison (Clinic site)	Massey Cancer Center
Inpatient Liaison (Quarterly meetings)	Neurology
% Inpatient Consult Service (Clinical)	65%
% Outpatient Liaison Clinics	20%
Nonclinical responsibilities  *Individual supervision  *Journal Club, Grand Rounds, Case Conference, Other Didactics  *Research and/or QI  *Safety review  *Curriculum development	15%

#### **Definitions of Key Terms**

**Clinical** – Review weekend signout and chart review, assign cases, proactive outreach with any concerns. See cases (prioritize high risk)

**C-L Table Rounds** – Goal is to gain progressively more experience leading rounds over the course of the year

**Outpatient Clinic** – Embedded/collaborative care or outpatient referral to psychiatry clinic

**Teaching** – Formal and informal teaching of students and residents

**Walk Rounds** – Participate in team meetings as needed, availability for supervision of trainee documentation or questions

	Monday	Tuesday Wednesday T		Thursday	Friday
Morning	Clinical	Teaching	Outpatient Clinic –	Clinical	Other Liaison
		Clinical Massey			
Midday	C-L Table Rounds	C-L Case Conference	C-L Case Conference C-L Literature Seminar C-L		Grand Rounds
		C-L Table Rounds	C-L Table Rounds		C-L Table Rounds
Afternoon	C-L Walk Rounds	C-L Walk Rounds	C-L Walk Rounds C-L Walk Rounds C		C-L Walk Rounds
	Clinical	Clinical	Clinical	Clinical	Clinical

### **Critical Care Psychiatry track**

Sample 2 – Critical Care Psychiatry	
Site	West 11 * CCH 3 & 4
Outpatient Liaison (clinic site)	Pulmonology – post-ICU
Inpatient Liaison (quarterly meetings)	Medical Respiratory ICU
% Inpatient Consult Service (Clinical)	75%
% Outpatient Liaison Clinics	10%
Nonclinical responsibilities  *Individual supervision  *Journal Club, Grand Rounds, Case Conference, Other Didactics  *Research and/or QI  *Safety review  *Curriculum development	15%

Opportunities for Liaisons during Fellowship				
-Women's Mental Health	-Cardiology			
-Infectious Disease	-Neurology			
-Critical Care Psychiatry	-Bariatric Medicine			
-Oncology	-Transplant			
-Incarcerated patients	-Burn/Trauma			
-Hepatology/Renal/GI	-Primary Care			
-Sheltering Arms Rehabilitation	-Surgical subspecialty			

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	ICU Table Rounds	ICU Table Rounds	ICU Table Rounds	ICU Table Rounds	ICU Table Rounds
	Clinical	Clinical	Clinical	Clinical	Clinical
Midday	Teaching	C-L Case Conference	C-L Literature Seminar	Teaching	Grand Rounds
Afternoon	Clinical	Clinical	Post-ICU Clinic	Clinical	Clinical
	Scholarship	Scholarship		Scholarship	Scholarship

Note: The Consultation and Liaison fellowship program's schedule is longitudinal and extends throughout 12 months, as follows. Tracks may be combined with permission.

### **Outpatient/Collaborative Care**

Sample 3 – Outpatient/Collab Care	
Site	West 11 * Pavilion
Outpatient Liaison (Clinic site)	Primary Care
Inpatient Liaison (Quarterly meetings)	Internal Medicine
% Inpatient Consult Service (Clinical)	45%
% Outpatient Liaison Clinics	40%
Nonclinical responsibilities *Individual supervision	15%
*Journal Club, Grand Rounds, Case	
Conference, Other Didactics	
*Research and/or QI	
*Safety review *Curriculum development	
Cumculum development	

### **Opportunities for Models of Care during Fellowship**

- -General Reactive Psychiatric Consultation
- -Liaison Psychiatry (Attending regular interdisciplinary meetings)
- -Embedded Psychiatric Consultation (Rounding with the team)
- -Proactive Psychiatric Consultation (Pre-determined screening criteria, screen an entire population)
- -Outpatient Collaborative Care (Consulting to primary care clinicians on their patients with comorbid psychiatric pathology)

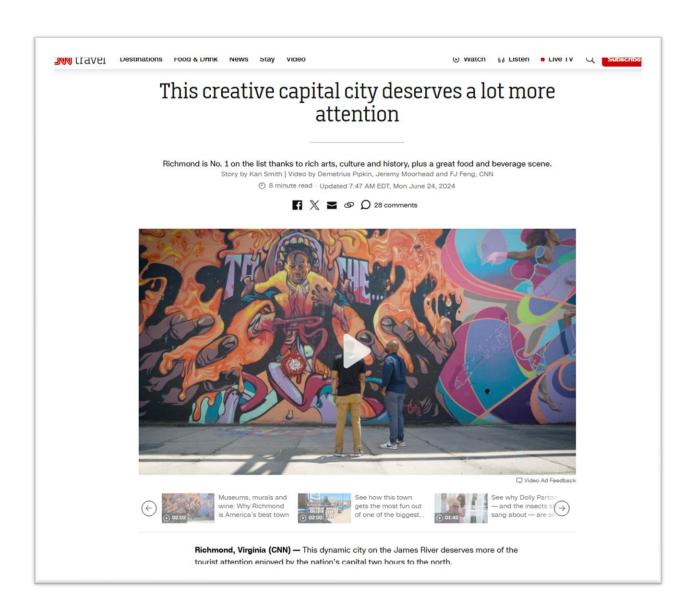
	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Clinical	Clinical	Clinical	Clinical	Clinical
	C-L Table Rounds	C-L Table Rounds	C-L Table Rounds C-L Table Rounds		C-L Table Rounds
Midday	Teaching	C-L Case Conference	C-L Literature Seminar	Teaching	Grand Rounds
	Handoff to C-L Team				
Afternoon	Outpatient Collaborative	C-L Table Rounds	Outpatient Collaborative	Outpatient Collaborative	Outpatient
	Care Clinic	Clinical	Care Clinic	Care Clinic	Collaborative Care
					Clinic

# **Information about RVA!**

Richmond, VA is a medium-sized city in the mid-Atlantic region of the U.S. Given its central location, robust economy, and lower than average cost of living, Richmond is a wonderful place to visit and to settle down!

2024 - #1 on CNN's Best Cities to Visit: <a href="https://www.cnn.com/travel/richmond-virginia-best-towns-america">https://www.cnn.com/travel/richmond-virginia-best-towns-america</a>

			Average home	Average		
	2-Bedroom	Median	price per square	commute time	Average cost for a	Monthly
City	Apt Rent	home value	foot	(minutes)	gallon of gas	daycare cost
Atlanta, GA	\$1,928.00	\$378,167.00	\$251.00	39	\$2.88	\$2,668.00
Baltimore, MD	\$1,684.00	\$249,000.00	\$170.00	29.4	\$3.15	\$2,622.00
Boston, MA	\$5,690.00	\$845,986.00	\$708.00	40	\$3.12	\$2,799.00
New York, NY	\$6,957.00	\$875,000.00	\$1,519.00	43	\$3.13	\$3,034.00
Richmond, VA	\$1,586.00	\$390,380.00	\$255.00	22.1	\$3.01	\$1,500.00
Washington, D.C.	\$2,770.00	\$740,000.00	\$528.00	41	\$3.17	\$2,363.00
National Average	\$1,884.00	\$414,000.00	\$234.00	26.8	\$3.15	\$1,374.00
*Values obtained through Goo	Values obtained through Google AI on 6/11/2025; data was not independently verified					





https://www.cnn.com/travel/richmond-virginia-best-towns-america



Lewis Ginter Botanical Garden

https://www.lewisginter.org/



### Carytown District

https://discoverrichmondtours.com/ things-to-do-in-carytown-richmond-va/

# <u>Thank you so much for visiting our site, and please do not hesitate to reach out with any questions!</u>



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Please use the following QR code to view a short video about our C-L service and to meet our wonderful team!



