



DEPARTMENT OF PSYCHIATRY

AUGUST 2024 NEWSLETTER

AUGUST MENTAL HEALTH AWARENESS

- ✚ National Grief Awareness Day 8/30
- ✚ International Overdose Awareness Day 8/31
- ✚ National Wellness Month

HOW CAN BEING OUTSIDE AND SEEING SUNLIGHT CHANGE YOUR MOOD?

<https://www.vcuhealth.org/news/one-small-step-the->

NEW HIRES

Faculty/MCVP only providers

Cusack, Shannon- August 1, 2024.

Burton, Jason- August 5, 2024

Delph, Kelsey- August 19, 2024

SHARING IMPORTANT RESOURCES WITH OUR COMMUNITY

Our Cameron K. Gallagher Mental Health Resource Center team hosted their inaugural community day. They rallied more than 30 community resource partners to share their offerings, from mental health support to meeting basic psychosocial needs and physical health resources for youth and families. Important information was shared, while kids had fun with music, facepainting and more.

Shout out to Nicole Cook and the team for this amazing event.



VCU Health 2024 APP Award Nominations

Nominate an APP For:

- Lindsey Grizzard Braun Advocate of the Year
- Expert Clinician of the Year
- Educator of the Year
- Leader of the Year
- Scholar of the Year
- Rising Star of the Year

Nominations open from July 24 August 23rd

The award recipient will receive a Trophy & Certificate.

[Link to Nomination Form](#)



Call for Award Review Committee Members: if interested, contact APPLeadership@vcuhealth.org

