April 6
Reconceptualizing Psychotherapies for Depression: Addressing the Clinical Challenges

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Professor Emeritus, Duke-NUS
Adjunct Professor of Psychiatry and Behavioral Sciences, Duke University Medical School
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CEO, Curbstone Consultant LLC
Introducer: Susan Kornstein, M.D.

Learning Objectives:
- Specify 5 phases of patient-centered, psychotherapy for patients taking antidepressant medications
- Identify two psychotherapeutic targets that could reduce the risk of relapse
- Specify two brief methods by which to measure psychosocial functional outcomes

April 13
Effectively Integrating Clinical Trials into your Practice

Loren M. Friedman, MS
Director of Clinical Trials
Wright State University & Premier Health Partners Clinical Trials Research Alliance
Associate Professor of Psychiatry, Wright State University Boonschoft School of Medicine
Adjunct Associate Professor of Psychiatry, Michigan State University
Introducer: Susan Kornstein, M.D.

Learning Objectives:
- Understand the infrastructure required to conduct clinical trials
- Determine the types of trials best suited for your clinical setting
- Appreciate the use of project management to follow timelines and establish metrics
- Understand the ethical and financial dimensions involved in the conduct of clinical trials

April 20
Difficult to Treat Depression: Pharmacotherapy and Related Strategies

Michael E. Thase, M.D.
Professor of Psychiatry
University of Pennsylvania Perelman School of Medicine
Philadelphia Veterans Affairs Medical Center
University of Pittsburgh Medical Center
Introducer: Susan Kornstein, M.D.

Learning Objectives:
- Participants will learn about the classification and staging of difficult to treat depressions
- Participants will become familiar with the pros and cons of switching versus adjunctive approaches
- Participants will be able to discuss the merits and limitations of novel therapies, including ketamine
April 27
Electronic Cigarettes and Vaping

Reeyaz Esack, M.D.
Chief Resident, PGY-4
Department of Psychiatry
Virginia Commonwealth University
Introducer: Wendy Welch, M.D.

Learning Objectives:
- Understand how electronic cigarettes work
- Determine the major health risks of using electronic cigarettes
- Determine the potential benefits
- Explore current and future policy and regulations