



# WOMEN'S COUNSELING GROUP

Every Wednesday | 4-5 p.m.  
Nelson Clinic, MCV Campus, 401 N. 11th Street

Topics Included:

- Relationships
- Depression
- Managing Health Issues
- Trauma
- Work
- Stress and Anxiety

Most Insurances Plans and Virginia Coordinated Care accepted

**Call (804) 828-2000 to schedule an  
assessment or for more information.**